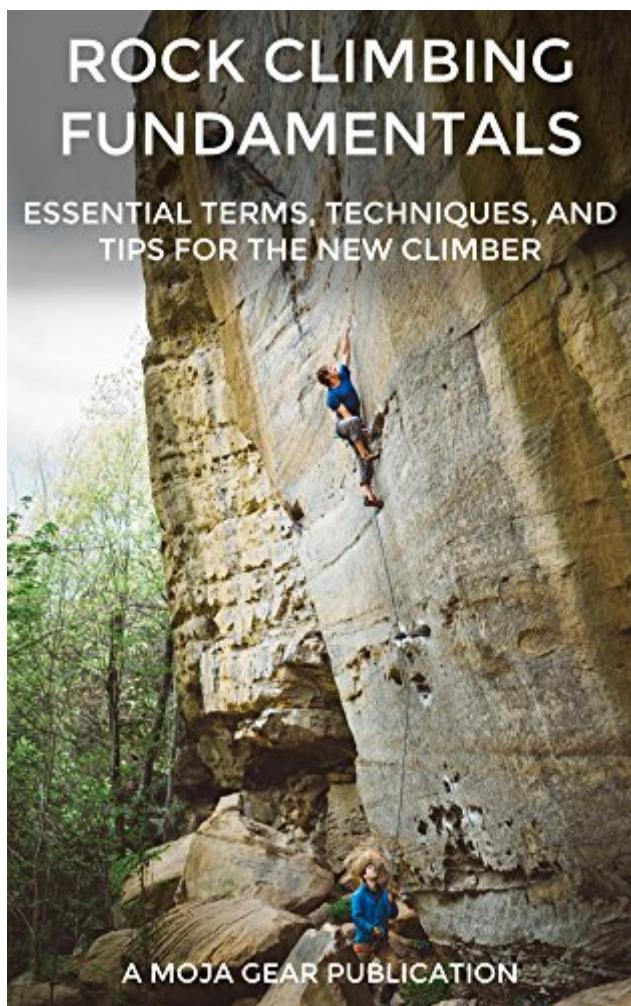


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# Rock Climbing Fundamentals: Essential Terms, Techniques, And Tips For The New Climber



## Synopsis

â•“ How to Get Started Rock Climbing, Simply â•“Hey there!If you’re on this page I presume you’re a new climberâ ”the same spot I was about six years ago. See, I had moved to California and wanted a new hobby, so rock climbing seemed like a great option. Quickly, I realized that getting into rock climbing is hard. There are big learning curves that serve as a barrier, and it can be intimidating, as well. I also found it extremely difficult to find simple, reliable, and trustworthy information about the sport.I wrote this eBook to help make it easier for new climbers … to make rock climbing more accessible, understandable, and fun for individuals like yourself.Use this eBook to find all the fundamental information about rock climbing in one convenient and carefully crafted eBook. I worked with professional photographer Michael Lim for stunning, full-page imagery, and I’ve added helpful links to relevant articles.This eBook will provide you with a foundational knowledge of climbing history, terms, techniques, belaying, and gear so that you feel confident at the gym or crag.Chapters covered in this eBook are as follows:1. A Brief History of Climbing2. Styles of Climbing3. An Overview of Climbing Gear4. Introduction to Common Climbing Holds5. Basic Technique for New Climbers6. Belaying Fundamentals7. Climbing Grades, Explained8. General Tips and Advice for New Climbers9. Your Responsibility as a Climber10. A Simplified Climbing Glossary11. Useful Bonus MaterialsFor those that are new to the sport, want to grow your understanding of climbing, and feel confident at the gym or crag, this eBook is for you.Climb on!Sander | author & co-founder @ Moja Gear

## Book Information

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## Customer Reviews

Great read for anyone getting into rock climbing... Once you enter the climbing world, you realize there is a lot to learn. Tons of gear to learn about, and what seems like another language of climbing terms to understand. This e-book is an excellent "crash course" to get you familiarized with the necessary jargon. They do recommend that you still take a climbing lesson or two which I haven't done yet, but I certainly won't be starting from square one when I do, ya know

The author promised a quick, easy-to-understand introduction, and that is precisely what this book delivers. The book does include links to other resources that may help beginners.

Very informative to a new climber, covers all the essential topics. I also appreciate the links to other books on the subject.

Interesting

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